

NJAMFT Executive Board Meeting Notes

Date: 01/27/2023 | Time: 9:00-10:45 AM | Location: Zoom

Meeting called by	Jaime Gilmore, President
Type of meeting	Zoom
Facilitator	Jaime
Note taker	Tabrina
Timekeeper	Tabrina

Attendees: Jaime Gilmore, (Interim President), Lauren Grossbach (Interim Vice President), Tabrina Hargrove (Interim Secretary), Jacqueline "Jackie" Stoddart Best (Social Media Chair); Jose Perez (DEIJ Chair); and Frederique "Denisse" Almengor-Bergondo (Education Chair)

Please read:

Please read:

Please bring:

Upcoming Events:

Self-Care Group, Friday, <u>February 4</u> at 2-3PM DEIJ Meeting, <u>February 11</u> at 3PM Pre-Licensed Group, Monday, <u>February 13</u>, 6:30 – 8:30PM

Peer Consultation Virtual Zoom Group, Friday,

February 17,12-2PM

Next Executive Board Meeting:

Friday, February 17, 2023 at 9AM

Presidential Report

- o Pathways to Licensure Workshop held January 20, 2023 was successful.
- Loan Redemption- LMFT Inclusion as a result of NJAMFT's lobbying efforts to support legislation S2872/A4399
- o NJAMFT President, Jaime G. to meet with Board of Examiners to propose NJ Approved Supervisors.
- o Wisdom Links

- o To link Senior level therapists with new, emerging therapists
 - NJAMFT has received great interest in senior level therapists participating in Wisdom Links.
- o NJAMFT Newsletter- The Pulse to be sent out.
- o NJAMFT Membership Renewal will be starting.
- o NJAMFT Executive Board will meet every three weeks going forward.

Vice Presidential Report

- Self-Care Retreat for Mental Health Professionals, Saturday, April 29, 2023,
 8:30 AM 3:30 PM, Watchung Reservation
 - NJAMFT, Vice President, Lauren G. created Self-Care Retreat Flier
 - Retreat is open to Mental Health Professionals and all others interested.
 - Fees:
 - \$229- Non-members
 - \$206- Members

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Diversity, Equity, Inclusion, and Justice (DEIJ) Committee Report

- o February 11, 2023- DEIJ Meeting will be held.
- o DEIJ Newsletter contribution- review of books, movies, etc. that can be shared with our members.
- o Seeking individuals to volunteer on the DEIJ Committee

Educational Committee Report

- o Cultural Competence Training scheduled for June, 2023
 - CE: 5.5 hours
- o Upcoming workshops to be scheduled:
 - Racial Trauma
 - Ethics Training

Legislative Committee Report

o Seeking individuals to volunteer on the Legislative Committee

Membership Committee Report

o Seeking individuals to volunteer on the Membership Committee

Social Media Committee & Technology Report

o NJAMFT will put out a new newsletter

o NJAMFT new logo to be launched by Feb. 2023

> Treasurer Report

 Vacant Position- Seeking individual to fill this important, Executive Committee role.

**Note: There are several areas where we are seeking volunteers, if you believe that you can be of support in any of these areas/activities, even for a limited time, please contact us at <u>Contact Us – NJAMFT</u>. Any aid will be greatly appreciated. We won't be able to carry off these projects without you!